

DIOCESE OF LAKE CHARLES

OCTOBER 2011 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Beef/Cheese Nachoes Lettuce, Jalapeno ¼ Applesauce ½ Cinnamon Roll	Salisbury Steak, Gravy Creamed Potatoes ½ Mixed Fruit Cup ¼ Hot Roll	Hot Dog, Chili, Bun French Fries ½ Orange wedges ¼ Spice Cake	Pork Roast Seasoned Rice Candied Yams ¼ Pears ½ Hot Roll	Pizza Popeye Salad ¼ Corn on the Cob ¼ Jello Squares
10	11	12	13	14
Vegetable Soup with Meat & Pasta Peaches ¼ Cheese Roll	Red Beans/Sausage Rice ½ Steamed Broccoli ¼ Spiced, Baked Apples½ Cornbread	Hard Shell Tacos Lettuce, Jalapeno ¼ Pineapple ½ Cinnamon Roll	Chicken Stew & Rice Potato Salad ¼ Seasonal Fresh Fruit ½ Hot Roll	NO SCHOOL TEACHER INSERVICE
17	18	19	20	21
Corn Dog Baked Beans ¼ Fresh Fruit Cup ½ Chocolate Cake	Chicken Nuggets Mac & Cheese ¼ Green Beans ½ Orange Sections ¼ Hot Roll	Frito Chili Pie Confetti Coleslaw or Tossed Salad ¼ Fresh Apple Slices ½ Cinnamon Roll	Baked Chicken Rice Dressing ½ Carrot/Celery Sticks ¼ Fruit Cocktail ½ Hot Roll	Spaghetti Corn on the Cob ¼ Garden Salad ½ Italian Bread
24	25	26	27	28
Sausage in Gravy Rice Blackeye Peas ¼ Fresh Fruit Cup ½ Hot Roll	Hamburger (Cheese) Lettuce, Pickle ¼ French Fries ½ Confetti Cake	Country Fried Steak Creamed Potatoes ½ Gravy Peaches ¼ Hot Roll	Cheese Pizza Glazed Carrots ¼ Seasonal Fresh Fruit ½ Jello Squares	Stuffed Baked Potato Meat, Condiments Cheesy Broccoli ¼ Hot Roll
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Toasted Cheese Sandwich Vegetable Soup ½ Chilled Fruit ¼ Brownie				